

# CURRICULUM VITAE

## BRIAN BANTEL, PSY.D.

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### EDUCATION

<b>Doctor of Psychology, Clinical Psychology</b>	<b>2017</b>
Arizona School of Professional Psychology, Argosy University, Phoenix, AZ Program Accredited by the American Psychological Association Graduated with Honors	
<b>Master of Arts, Clinical Psychology</b>	<b>2013</b>
Arizona School of Professional Psychology, Argosy University, Phoenix, AZ Graduated with Honors	
<b>Certified Hypnotherapist</b>	<b>2013</b>
National Guild of Hypnotism, Phoenix, AZ	
<b>Bachelor of Arts, Psychology</b>	<b>2009</b>
Ottawa University, Chandler, AZ Graduated with Honors	
<b>Associates of Applied Science, Administration of Justice</b>	<b>2005</b>
Scottsdale Community College, Scottsdale, AZ Graduated with Honors	

### CERTIFICATIONS/LICENSURE

<b>Certified Hypnotherapist</b>	<b>May 2013-Present</b>
National Guild of Hypnotism	
<b>Clinical Psychologist</b>	<b>Feb 2021-Present</b>
Arizona PSY-005364 Current Expiration: 7/31/2026 APIT Certificate 18202	

### PROFESSIONAL WORK EXPERIENCE

<b>Clinical Psychologist/Owner</b>	<b>Oct 2023-Present</b>
Arroyo Psychological Services, Scottsdale AZ	

Description of Site: A private practice specializing in a wide range of mental health and therapy services, with a focus on child and adolescent psychotherapy, men's issues, addiction therapy, trauma, and couples therapy.

Responsibilities: Provided comprehensive psychotherapy services to a diverse client population while managing all aspects of insurance collaboration, including benefit verification, billing, and maintaining credential status with major insurance providers. Managed client interactions related to scheduling, therapy services, and payment processing to ensure seamless service delivery. Recruited, hired, and supervised a team of employees, upholding high professional standards and fostering a positive work environment. Additionally, oversaw essential business operations such as branding, marketing, payroll, and fiscal accounting to maintain a well-functioning and financially stable practice.

### **Clinical Psychologist**

**Feb 2021-Oct 2023**

Anderson Psychological Associates, Scottsdale AZ

Transitioned to new role upon completing licensure requirements.

Additional Responsibilities: Responsibilities included credentialing with primary insurance agencies such as BCBS, Aetna, and United Healthcare, as well as actively growing and maintaining a robust client base. I developed tailored assessment batteries to meet diverse client needs and managed ongoing continuing education requirements to maintain professional competency. Additionally, I participated in monthly group supervision meetings and engaged in collaborative consultations with colleagues to enhance service delivery and client outcomes.

### POST-DOCTORAL TRAINING

#### **Post-Doctoral Fellow**

**Aug 2017-Jan 2021**

Anderson Psychological Associates, Scottsdale AZ

Private Practice

Supervisor: Dana Anderson, Ph.D.

Total Hours: 2195+

Description of Site: A group private practice providing comprehensive mental health services to a diverse clientele, offering individual therapy, family therapy, couples therapy, and psychological assessments.

Responsibilities: Developed and managed client lists, maintaining accurate and up-to-date records while leading a partial transition to telehealth services in response to COVID-19 to ensure continuity of care. Responsibilities included conducting psychological assessments by selecting appropriate tests, administering them, scoring and interpreting results, and drafting comprehensive reports. Provided therapeutic services to a diverse client

population, including children, adolescents, adults, LGBTQIA+ individuals, survivors of intimate partner violence, and those affected by substance abuse and various traumas.

Additionally, maintained detailed client records, documented diagnoses, and systematically tracked client progress to monitor treatment effectiveness. Actively participated in regularly scheduled group and individual supervision sessions, utilizing feedback to enhance professional development and uphold the highest standards of care.

## DOCTORAL LEVEL INTERNSHIP

### **Pre-Doctoral Intern**

**Aug 2016-Jul 2017**

Casa Pacifica Centers for Children and Families, Camarillo CA

Internship Accredited by the American Psychological Association

Non-Public School Program

Supervisor: Sean Schoneman, Ph.D.

Erin Haven, Psy.D.

Training Director: Robert Kretz, Psy.D.

Total Hours: 2025

Description of Site: Casa Pacifica offers an APA-accredited internship program focused on supporting abused and neglected children and adolescents who face significant emotional, behavioral, social, and mental health challenges. The main campus features a comprehensive range of services through six core programs: a K-12 Non-Public School, a Residential Treatment Center, an Emergency Shelter, a Short-Term Adolescent Residential Treatment program, Parent-Child Interaction Therapy, and Transition Foster Youth Services for emerging adults. These programs aim to help youth rebuild a sense of hope, find joy in their everyday lives, and enhance their ability to thrive within the community.

Responsibilities: Selected for the Non-Public School track to provide comprehensive therapeutic services, including individual therapy, group therapy, behavioral coaching, consultation with support staff, and support for social/emotional IEP goals. Delivered both a Moral Development group and a Pathways Substance Abuse group, conducted risk assessments for youths in crisis, and facilitated individual therapy using diverse approaches such as Emotion-Focused Therapy, Rational Emotive Behavior Therapy, Play Therapy, and Sandtray, incorporating Margaret Lowenfeld's World Technique and Dora Kalff's Sandplay.

Managed a caseload of 10-12 clients, providing case management, individualized therapy, family support, and IEP coordination. Completed three comprehensive psychological testing batteries and four psychological screening batteries, covering cognitive (e.g., WISC-

5, WASI-2), objective (e.g., Conners 3, MACI, TOVA), and projective (e.g., Rorschach Exner System, House-Tree-Person, Sentence Completion) assessments.

Led treatment team meetings, collaborated to develop an afterschool program, and presented cases during bi-weekly rounds meetings. Additional responsibilities included treatment planning, co-leading a monthly Parent Support group, conducting case presentations, receiving feedback on videotaped sessions, and offering support or behavioral coaching during off-campus outings (e.g., field trips). Facilitated smooth client transitions to new educational placements following discharge and participated in client-centered holiday activities (e.g., Halloween party).

Conducted ongoing insurance utilization reviews for clients with private insurance, ensuring continued access to necessary therapeutic services.

#### DOCTORAL LEVEL PRACTICUM EXPERIENCE

##### **Practicum Trainee**

**Aug 2015-May 2016**

Sequoia Support Services, Phoenix AZ

Supervisor: Emilie Karlin, Ph.D.

Total Hours: 640; Direct Hours: 300

Description of Site: A behavioral health agency operating within the Sequoia Charter School System, primarily based on a full-service community school that provides comprehensive dental, medical, social welfare, and behavioral health services to a highly vulnerable population of homeless youth. The agency also operates the Circle of Health Recovery School, which serves the Gila River Native American Tribe by offering an integrated program that combines mental health support, substance abuse prevention, and educational services.

Responsibilities: Delivered a range of behavioral health services, including behavioral interventions, individual therapy, consultation, peer supervision, and student advocacy. Facilitated group therapy sessions, conducted risk assessments, and provided conflict resolution through mediation. Implemented Sandtray Therapy interventions for at-risk youth, utilizing Margaret Lowenfeld's World Technique and Dora Kalff's Sandplay to support emotional expression and healing.

##### **Practicum Trainee**

**Jan 2015-Jul 2015**

Biltmore Psychology Services, Phoenix AZ

Supervisor: Robin Potter, Psy.D.

Total Hours: 450; Direct Hours: 243

Description of Site: A private practice serving a diverse clientele presenting with substance use disorders, depression, anxiety, adjustment disorders, relationship challenges, and other mental health conditions. The practice employs an integrated treatment approach, offering cognitive behavioral interventions, emotion-focused therapy, hypnosis, and EMDR to address a wide range of therapeutic needs. Additionally, the practice conducts psychological testing for Department of Economic Security benefits evaluations, ensuring comprehensive support for clients' mental health and social service requirements.

Responsibilities: Conducted individual psychological testing, including scoring assessments and drafting comprehensive psychological reports. Developed and implemented advertising strategies for psychological services, successfully building and maintaining a diverse client base. Provided individual therapy and engaged in peer supervision to enhance professional development and service quality.

### **Practicum Trainee**

**Jul 2014-Dec 2014**

Sierra Tucson, Tucson AZ

Supervisor: Marden Petrie, Psy.D.

Sarah Foxley, Psy.D.

Shannon Sticken, Psy.D.

Total Hours: 385; Direct Hours: 154

Description of Site: A private, integrated inpatient psychiatric hospital specializing in the treatment of clients with substance use disorders, depression, anxiety, trauma, eating disorders, chronic pain, and other mental health conditions. The hospital employs a holistic and integrative approach to therapy, offering a diverse range of therapeutic modalities, including Equine Assisted Psychotherapy, Dialectical Behavior Therapy (DBT), Eye Movement Desensitization and Reprocessing (EMDR), biofeedback, group therapy, and individual therapy. Additionally, the hospital provides comprehensive psychological assessments, utilizing tailored testing batteries to evaluate trauma, chemical dependency, bipolar disorder, anxiety, eating disorders, obsessive-compulsive disorders, ADHD, and dissociative symptoms, ensuring thorough and individualized care.

Responsibilities: Conducted group psychological assessments and individual psychological testing, including administering and interpreting the Rorschach Inkblot Test. Scored psychological assessments and provided comprehensive feedback to clients regarding their results. Drafted detailed psychological reports to accurately document findings and insights. Delivered individual therapy and facilitated an introductory Dialectical Behavior Therapy (DBT) group, promoting skills development and emotional regulation.

**Practicum Trainee****Jul 2013-May 2014**

Desert Heights Academy, Phoenix AZ

Supervisors: Michael Redivo, Ph.D.

Lynn Nunemacher, Psy.D.

Total Hours: 774; Direct Hours: 379

Description of Site: A private K-12 alternative charter school dedicated to supporting children with emotional, behavioral, and developmental disabilities. The school employs a productive conflict model combined with positive behavior management strategies to help students develop prosocial skills and successfully reintegrate into their district schools.

Responsibilities: Conducted comprehensive psychological assessments for K-12 students, providing targeted behavioral interventions, individual therapy, consultation, peer supervision, and student advocacy. Facilitated group therapy sessions, conducted risk assessments, mediated conflict resolution, and actively participated in Individual Education Plan (IEP) assessments to support student development. Applied Sandtray Therapy interventions for at-risk youth, utilizing Margaret Lowenfeld's World Technique and Dora Kalff's Sandplay to foster emotional expression and healing.

**Practicum Trainee****Aug 2012-Aug 2013**

Assisted Recovery Centers of America, Phoenix AZ

Supervisor: David Maselli, Ph.D.

Total Hours: 932; Direct Hours: 401

Description of Site: A private practice that adopts a medical model for the assessment and treatment of substance use disorders, incorporating evidence-based medication-assisted treatments such as naltrexone and Suboxone. The practice provides a comprehensive range of therapeutic services, including individual therapy, group therapy, and SMART Recovery meetings, all designed to support clients in developing and maintaining an abstinent identity.

Responsibilities: Conducted intake interviews and provided individual therapy using Rational Emotive Behavior Therapy (REBT) to address a range of client concerns. Performed substance abuse risk assessments and led psycho-educational group therapy sessions focused on skill development. Co-facilitated public SMART Recovery meetings, integrating skill-building exercises and REBT techniques to promote recovery and resilience. Additionally, developed and co-facilitated a support group program specifically designed for friends and family members of individuals with substance use disorders, fostering community support and education.

**Practicum Trainee****Aug 2011-Aug 2012**

Bayless Behavioral Health Solutions, Phoenix AZ

Supervisor: Jon McCain, Ph.D.

Total Hours: 917; Direct Hours: 268

Description of Site: An integrated community healthcare center offering comprehensive mental health and related healthcare services, including individual, group, and family therapy for children and adolescents. The center prioritizes family involvement in the treatment process of at-risk youth, utilizing a multidisciplinary approach to deliver holistic care and support to children and their families.

Responsibilities: Provided therapy, case management, and conducted intake interviews for children and adolescents, delivering personalized care tailored to each client's needs. Collaborated and consulted with teachers and other professionals involved in the child's treatment to ensure a coordinated approach. Regularly participated in supervision sessions, actively integrating feedback and insights into therapeutic practice. Managed a diverse caseload of 10-16 clients at any given time, demonstrating flexibility and cultural competence. Gained experience navigating the Arizona Health Care Cost Containment System (AHCCCS) and Magellan (RBHA) for client care coordination and insurance processing.

**RESEARCH****The Rorschach Inkblot Test: Assessing Problematic Substance Use**

Clinical Research Project (Dissertation Equivalent)

Chair: Lawrence Sideman, Ph.D., ABPP

Description: A study investigating the potential of the Rorschach Inkblot Test (Exner System) as a tool for assessing substance use disorders. The research highlighted the advantages of using projective measures over objective measures, particularly in addressing the tendency for underreporting substance use problems. The study compared selected variables from the structural summary of individuals diagnosed with substance use disorders to those from a non-clinical normative sample. Results indicated significant differences between the two groups on several examined variables, suggesting the Rorschach Inkblot Test may offer valuable insights into substance use assessment.

**PRE-DOCTORAL WORK EXPERIENCE****Intake Clinician****Feb 2015-Jul 2016**

Quail Run Behavioral Health Hospital, Phoenix AZ

Description: A private, interdisciplinary inpatient psychiatric hospital specializing in the care of clients at risk of self-harm or harming others. The hospital offers a comprehensive range of treatment services, including group therapy, individual therapy, intensive outpatient therapy, and acute stabilization, serving children, adolescents, and adults in need of immediate and long-term support.

Responsibilities: Conducted comprehensive intake assessments and risk evaluations for new clients, collaborating with psychiatrists to discuss assessment results and recommend the appropriate level of care. Coordinated with emergency room staff to facilitate seamless transfers to the hospital when necessary. Provided one-on-one supervision for clients exhibiting high-risk behaviors during inpatient care, ensuring their safety and well-being. Actively responded to and managed crises on inpatient units, maintaining a calm and structured environment. Collaborated with the interdisciplinary treatment team to ensure consistent and coordinated care. Additionally, completed initial insurance authorization processes to secure utilization approvals.

#### **Therapist**

**Aug 2013-Aug 2015**

Assisted Recovery Centers of America, Phoenix AZ

Transitioned from role as practicum student to an employee.

#### **Mobile Crisis Therapist**

**Mar 2013-Jan 2016**

La Frontera Arizona Empact Suicide Prevention Center, Tempe AZ

Description: A community mental health center offering integrated healthcare services and crisis intervention. The Crisis Department operates a 24-hour warm line as part of the National Suicide Hotline, providing immediate support to individuals in need. Additionally, the department dispatches mobile two-person teams to conduct risk assessments and provide stabilization services within the community for individuals who contact the countywide Crisis Response Network.

Responsibilities: Conducted comprehensive assessments to evaluate danger to self, danger to others, substance use disorders, intoxication levels, mental status, and the need for higher levels of care. Coordinated with client care providers to ensure seamless transitions to more intensive care settings when necessary, including physically transporting clients as needed. Assisted clients in processing stressors, utilizing solution-focused interventions to de-escalate crises, and empowering them to advocate for their treatment needs. Developed safety plans with clients who met criteria for community stabilization, promoting long-term well-being.

Completed emergency petitions for clients assessed as a danger to themselves or others who were unwilling or unable to seek treatment independently. Fulfilled mandatory reporting obligations to Child and Adult Protective Services when abuse or neglect was identified. Demonstrated professional growth by earning a promotion from Mobile Crisis Specialist (Bachelor's level) to Mobile Crisis Therapist (Master's level), reflecting a commitment to advancing clinical skills and providing quality crisis intervention.

#### PROFESSIONAL AFFILIATIONS

American Psychological Association	<b>Sep 2010-Present</b>
Arizona Psychological Association	<b>Sep 2010-Present</b>
National Guild of Hypnotism	<b>May 2013-Present</b>

#### PRESENTATIONS

- Bantel, B. (2014, January). Risk Assessments. *In-service Training*. Presentation conducted at Desert Heights Academy, Phoenix, AZ.
- Bantel, B. (2012, November). Marijuana. *In-service Training*. Presentation conducted at Assisted Recovery Centers of America, Phoenix, AZ.
- Bantel, B. (2012, October). Telepsychology. *In-service Training*. Presentation conducted at Assisted Recovery Centers of America, Phoenix, AZ.
- Bantel, B. (2012, February). Adolescent substance abuse and comorbidity. *In-service Training*. Presentation conducted at Bayless Behavioral Health Solutions, Phoenix, AZ.

#### ADDITIONAL PROFESSIONAL TRAINING

- Ludwig, R. (2014, November). Beginner Sand Tray Training. R. Ludwig (Presenter), *Beginner Sand Tray Training*. Symposium conducted at Phoenix Psychological Services, Peoria, AZ.
- Nunemacher, L. (2014, February). Sandtray Therapy. L. Nunemacher (Presenter), *Sandtray Therapy*. Symposium conducted at New Hope Psychological Services, Gilbert, AZ.
- Redivo, M. (2013, December). Narrative Therapy. M. Redivo (Presenter), *Narrative Therapy*. Symposium conducted at Desert Alternatives, Tempe, AZ.
- Nunemacher, L. (2013, October). Play Therapy. L. Nunemacher (Presenter), *Play Therapy*. Symposium conducted at New Hope Psychological Services, Gilbert, AZ.
- Steckal, D. (2012, November). Nonviolent communication. R. Pyper, *Nonviolent communication*. Symposium conducted at the Arizona Office of Problem Gambling, Phoenix, AZ.
- Pollock, S., & St. Peters, C. (2011, April). Psychopaths: What are they and how is one created? A. Ewing (Chair), *Psychopaths: What are they and how is one created?* Symposium conducted at the MCC Symposium, Mesa, AZ.

- Gaustad, G. (2011, March). Happiness studies: Positive psychology. A. Ewing (Chair), *Happiness Studies: Positive Psychology* Symposium conducted at the MCC Symposium, Mesa, AZ.
- Franklin, T. (2011, February). Forensic psychology: The science, the art, and the realities. A. Ewing (Chair), *Forensic psychology: The science, the art and the realities*. Symposium conducted at the MCC Symposium, Mesa, AZ.
- Zimbardo, P. (2009, September). The journey from the psychology of evil to heroism. A. Ewing (Chair), *The journey from the psychology of evil to heroism*. Symposium conducted at the MCC Symposium, Mesa, AZ.